

[“I Have Made Thee This Day ... an Iron Pillar”](#)

Missionary announcement

“Ministering” on LDS.org

<https://www.mormonnewsroom.org/article/church-changes-recommendation-process-young-missionaries>

Productive Sunday School

1. Reading Review
2. Lesson
 - a. Listen to the Sunday School portion to get to know Jeremiah better
 - b. Naming your truth
 - c. The power of honesty
 - d. What burns in your bones?
 - e. Speaking truth to power
 - f. Conclusion

Both of these Jeremiah lessons are about character. Living your principles. Doing the right thing no matter what is happening

Class Member Reading: Jeremiah 1; 2; 15; 20; 26; 36; 37; 38

Additional Reading: Jeremiah 3; 9; 13; 30; 32:37-42; 33; 35

Other Reading: Lamentations

Productive Sunday School

1. Reading Review
2. Lesson: Jeremiah and the power of truth
 - a. Go listen to the Sunday School portion again about the details of Jeremiah. Really good stuff. For this update I'll focus on personal application.
 - b. Naming our truth (has become cliché, but I mean literally the truth about us. What are your strengths? What are your weaknesses? What are your tendencies, your assumptions, your blind spots?)
 - c. The power of matter-of-factness (focusing on the right target, giving energy where it is productive, not escalating, whether it is your own anxiety or relationship issues. Make your thoughts and feelings safe, learn from them, which then gives us the self-knowledge we talked about, and then use that self-knowledge to live well. Jeremiah is a great example of humility and

ambivalence. We can be honest about how we feel, and do the good thing anyway.

- d. "Fire in your bones" (LOVE this verse! Jeremiah 20:9 If I say, "I will not mention him, or speak any more in his name," there is in my heart as it were a burning fire shut up in my bones, and I am weary with holding it in, and I cannot.) What burns in your bones? What is your passion? What drives you? Cultivate and express that. For me it is poetic expression of human nature in a way that increases well-being.
- e. Speaking truth to power (This is where prison has really helped me grow. I am a recovering idealist. Systems theory has made me humble. The systems of which we are a part, including the systems that make us, have our way with us. More on that next lesson. True and good matter not, if ineffective. If we get silenced or kicked out of a system, we can't do much good in it. I believe the most social power in the world right now is centered in thoughtful members of conservative institutions. Like most of you, I would guess! Do as much good as the system allows. Do a bit more. Be wise. Think outside the box, work within the box, change the box as you can).
- f. Conclusion: Live your passion in honest, sustainable ways.

309.2 Burning in your Bones (OT Gospel Doctrine Lesson 41, Sunday School)

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Jeremiah was not only faithful during the most difficult time of Judaeen history, but honest about his struggles. Sunday School: Example of Jeremiah as a prophet. Jeremiah’s faithfulness. Jeremiah’s humility and ambivalence. Jeremiah speaking truth to power. Personal application.

309.3 Burning in your Bones (OT Gospel Doctrine Lesson 41, Study Notes)

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This section discusses the composition of Jeremiah and continues to explore issues related to vocation and prophets.